



## COACHING AGREEMENT EverJOURNEY Coaching & Wellness

This agreement is between:

The Client Name: \_\_\_\_\_

The Business Name: \_\_\_\_\_

The Coaches Names:

I, The Client, fully understand that:

- The results of the coaching sessions are solely dependent upon me following the guidelines, instructions and tasks that the Coach provides me during any and all of the coaching process; and that the onus is entirely upon me on completing whatever tasks the Coach provides me to complete/conduct. These tasks will be aimed at me achieving my goals and desired outcomes. The responsibility for obtaining the results I desire (as per the main outcomes in this agreement) from the coaching is solely mine.
- I understand that the Coach is qualified in a range of coaching modalities and adheres to always uphold an ethical code of conduct.
- I agree to allow the Coach to guide me through any processes relevant to me achieving the goals I have set within the boundaries of the agreed upon coaching scope, not limited to : Neurolinguistic Linguistic Programming (NLP) Coaching, Mindset Coaching, Leadership Coaching, Business Coaching, Wellness Coaching, Wellness Counselling, and any coaching modality agreed upon by both parties.
- The Coach commits to keep the content of the coaching sessions confidential, unless the Law requires disclosure of the contents, or unless the Coach believes that by not doing so, could endanger the Coachee, the Coach or other people, or unless he/she receives my written permission to disclose certain information.
- The results of the coaching sessions are dependent on agreed upon focusing points and key objectives.
- I agree to tell the Coach all relevant information that will assist me in achieving my goals and overcoming any issues/blocks to my success.
- I acknowledge that I am psychologically sound and know of no reason (medical, psychological or otherwise) why I should not undertake coaching.
- I will give the Coach at least 48 hours' notice of cancellation, otherwise I will pay for the session cancelled. I understand that the Coach will provide me a free session if he does not give me 48 hours' notice of cancellation. (Genuine medical emergencies exempted for either party).



On this basis I agree to commit to working with my Coach at the advertised & agreed upon hourly rate per session exclusive of VAT to achieve my outcomes. The main outcomes will be defined in the coaching questionnaire and sent to [info@eq-coachingpro.com](mailto:info@eq-coachingpro.com) at least 48 hours prior to the coaching session and as agreed accordingly.

All payments are required upfront, the full balance of payment is payable 7 days before the first coaching sessions.

Cancellation policy:

- All payments are in advance. The balance is payable 7 days before a coaching/counselling session.
- Should you cancel within 48hours before a session the full fee is still payable.

By accepting a coaching session or package you are bound by the terms and conditions outlined in this agreement.

The coach reserves the right to change the terms and conditions with or without prior notice to the coachee.

Client's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Signed at:

Coach's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Signed at:

Coach's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Signed at: